

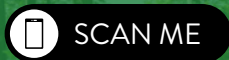


Relaxation. Activities. Development.



Thanks for joining
Marpole Retreats.

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Loon Lake
Itinerary



	FRI 26	SAT 27	SUN 28
9:00		Breakfast	Breakfast
10:00		Goalsetting Workshop	Bedroom Checkout
11:00		FREE TO EXPLORE	Yoga
12:00			Goal Setting
13:00		Lunch	Lunch
14:00		Creative Afternoon	Hometime
15:00	Check-in		
16:00	FREE TO EXPLORE	Nutrition Workshop	
17:00		Yoga	
18:00	Welcome Dinner	Dinner	
19:00 -Late	Fireside Social	Fireside Social	



For **25% off** your next retreat,
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